

Getting to Your 10% Footprint Reduction

I commit to reducing my ecological footprint by 25 points or more!

Groceries (Don't forget to bring reusable shopping bags!)

Shop locally

- Farmer's market (Fri. 10am-2pm, San Pedro Square)
- Spartan Smart Cart (Tues. 10:15am-1:30pm, Olympic statues)
- Health food store (VTA Bus 82 to Whole Foods in Campbell)

10 points

Buy biodegradable cleaning products

- Check out 7th Generation or use vinegar and baking soda.

5 points

Buy organic!

- Even Safeway has organic options now, at good prices!

13 points

Chores

Laundry & Dishes

- Wait until I have enough for a full load!
- Hang out laundry instead of using the drier when possible.

1 point each

Sort recycling and take to the curb

- Santa Clara County has curbside pickup for glass, metal, paper, plastics (#s 1-7) and more.

5 points

Don't wash the car - Wait another few weeks!

1 point

School

Take the bus or train to campus _____ days per week.

- Check out schedules and routes at 511.org

1 point / day

Get some exercise and ride my bike to campus.

- Take a bike skills class as a refresher (bikesiliconvalley.org)

2 points / weekday

Weekend

Check out Craigslist.org, Freecycle.org, and the thrift shops!

- Buy, sell, and donate used clothes, household items, and electronics instead of buying new.

3 points

Swap out old light bulbs with energy-efficient CFL bulbs.

- Find stores that sell PG&E-subsidized CFLs at www.pge-cfl.com

2 points

*Total Points:

(*25 points represents 10% of the nationwide average ecological footprint.)